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CALA DI GRECO

by

CASANERA



“Made in Maquis”



A Journey Through Our Treatments



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THE STORY OF CASANERA



Marie Ceccaldi, deeply passionate about her native Corsica, draws inspiration from the heritage of her roots.

The daughter of a pioneer in natural cosmetics – founder of “Calvi Nature” in 1979 – she grew up surrounded by plants and caring formulas. Her herbal compendium, lovingly passed down through three generations, is a true treasure: her great-grandmother, a healer, used to prepare remedies from wild plants, and the island’s women carefully preserved their beauty secrets.

From this tradition was born Casanera – Made in Maquis, an exceptional brand that is 100% natural, demanding, and true to authentic craftsmanship.

Bathed in sunlight, the Corsican land is home to a precious flora with powerful dermatological properties. Between sea and mountains, wild plants thrive in a rich and unspoiled soil.

Casanera harvests these Corsican plants exclusively by hand, through sustainable foraging. The essential oils are then distilled locally, in Balagne, using ancestral methods that respect both nature and tradition.

THE CASANERA EXPERIENCE

“Botanica Corsa”



Beyond its authentic expertise in natural cosmetics rooted in Corsican botany, Casanera invites you to experience its vision of holistic and integrative well-being through an immersive journey between sea and mountains. Each treatment is a discovery of Balagne, the nurturing land of the peninsula.

Your senses are awakened in every dimension, with unique scents — including our signature olfactory note of clementine petit grain — gently accompanying you throughout your experience.

Our face and body treatments incorporate advanced techniques and are designed exclusively by Casanera to deliver both effectiveness and excellence in the treatment room. Lithotherapy, hot and cold therapies, and anti-aging fascia face lifting techniques offer a path to deep disconnection and new holistic benefits.

Each treatment is enhanced by the powerful botanical virtues of ingredients such as immortelle, borage oil, and prickly pear seed oil — all working in harmony to reveal your skin’s natural radiance.



OUR MASSAGES



Signature Casanera Massage: *Aromatic Tailor-Made*

Choose your favourite essential oil fragrance from three aromatic essences distilled by Casanera, along with your preferred pressure.

This signature massage blends relaxing and revitalizing techniques with slow, precise rhythms and acupressure. Each aromatic universe transports you to a different Corsican landscape.

50': 135€

80': 195€



Vert d'Orezza Massage: *Energetic Relaxation*

Let yourself be carried along the coastline of Northern Corsica, where crystal-clear blues and greens bring a deep sense of peace.

This gentle and soothing massage with Immortelle monoï oil nourishes and calms your skin after a day in the sun. Lithotherapy techniques harmonize your energy with the Corsican green stone, Vert d'Orezza, promoting meditation and full-body serenity.

50': 135€

80': 185€



Mare è Monti Massage: *Muscle Release*

After a walk through the maquis or a hike along the Mare è Monti trail reaching the peninsula's highest peaks, this massage offers deep muscular relief through kneading and joint mobilizations.

The massage oil blends the powerful benefits of Corsican maquis plants, known for their anti-inflammatory, circulation-boosting, and muscle-soothing properties.

50': 135€

80': 185€

** Treat yourself to a moment for two: all our massages can be enjoyed as a duo.*

OUR MASSAGES

Mom's Bubble Massage: *the Soothing One*

A soothing massage for pregnant women from the 4th month of pregnancy onwards to relieve heavy legs, ease lower back pain, and enjoy a moment just for you. Also suitable for breastfeeding mothers in need of a true wellness bubble. A neutral plant-based oil made from sweet almonds and Corsican olives deeply nourishes your skin.

50': 125€



Cap Corse Massage: *the Discovery*

This back and scalp massage relaxes your body by releasing the tension accumulated in the upper body. It uses a dry monoi and immortelle oil to strengthen your hair, along with a relaxing massage oil made with rosemary, arnica montana, and mastic.

30': 85€



Casanera Facial Massage: *Fascia Lifting*

A smoothing facial massage in three stages: first, a relaxing massage to loosen muscle chains from the décolleté to the face; second, a draining massage using black obsidian roll-ons known for their detoxifying and circulation-boosting properties; and finally, a dynamic phase with lifting maneuvers using guashas to firm the facial contours and smooth out lines.

30': 85€

** Treat yourself to a moment for two: all our massages can be enjoyed as a duo.*



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OUR BODY TREATMENTS



Sublima: *Sun Preparation Treatment*

A body treatment designed to prepare your skin for its first sun exposure. It begins with a body scrub using plum kernel grains and dried bamboo to refine your skin and stimulate cell renewal, followed by a hydrating massage using shea butter and prickly pear oil.

30': 80€

50': 120€



Soin Immortelle: *Soothing After-Sun Care*

This body treatment soothes, nourishes, and repairs the skin after sun exposure. Blending relaxation and restoration, it features a balm with immortelle essential oils and shea butter to provide deep nourishment. The treatment also includes cold silicate glass globes combined with the immortelle flower, a Corsican floral elixir known for its calming benefits.

50': 120€



Soin Preziosa: *Nourishing Anti-Ageing Care*

This body treatment soothes, nourishes, and repairs the skin after sun exposure. Blending relaxation and restoration, it features a balm with immortelle essential oils and shea butter to provide deep nourishment. The treatment also includes cold silicate glass globes combined with the immortelle flower, a Corsican floral elixir known for its calming benefits.

50': 130€

OUR FACE TREATMENTS

Ora Luminosa: *The Express Glow*

Enjoy a quick yet effective facial treatment to reveal your skin's natural radiance. Includes a gentle cleansing, exfoliation, and a radiance-boosting mask to brighten your complexion. The treatment also features a NOOANCE LED light therapy session, with anti-aging or purifying benefits based on your skin's needs.

30': 80€

Ora Immortelle: *The Bespoke Ritual*

This tailor-made facial is customized to your skin type by your beauty expert. Whether you have combination or dry skin, the Corsican immortelle flower brings its balancing and hydrating properties to the heart of the treatment. It helps prevent the first signs of aging by smoothing dehydration lines. A relaxing massage with an Immortelle balm, known for its rich, melting texture, offers a complete sensory experience.

60': 130€

Ora Assoluta: *The Ultimate Lifting with Precious Oils*

The ultimate anti-aging facial featuring manual fascia lifting using rose quartz guashas to plump and smooth the entire face. It includes an eye contour treatment, a rich and restructuring mask, and a 15-minute relaxing back massage for total well-being.

90': 190€



OUR EXPERT TREATMENT



Nooance LED Light Therapy Dome - Face

A cutting-edge technology for your skin, featuring 780 high-precision LEDs and two customizable modes: anti-aging and clear skin.

It stimulates collagen production, reduces fine lines and wrinkles, calms inflammation, eliminates acne-causing bacteria, and soothes redness.

Scientifically approved wavelengths for visible, long-lasting results.

Add-on to any treatment

10': 35 €

Standalone Session

Includes makeup removal, skin cleansing, LED light therapy, followed by the Casanera facial routine (serum & cream).

20': 55 €





OUR RITUAL

Paradella Casanera

An ultimate head-to-toe treatment combining the 60-minute Casanera signature massage, a personalized facial with immortelle, and a 60-minute scalp massage using dry immortelle oil.

An idyllic experience that immerses you in the essence of Casanera, with its aromatic power and natural skincare expertise.

Face and body are beautifully enhanced.

120': 280€

THE FAMILY TREATMENT

The Famiglia Discovery Treatment

Share a moment of well-being in a duo treatment room with your child, enjoying a relaxing 20-minute back massage using Casanera's pure plant oil made from sweet almonds and Corsican olives.

A tender experience to create precious memories together.

Available from age 6, accompanied by a parent in the treatment room.

20': 90€



ESTATE TREATMENTS



Bellezza di e mani – Hand Beauty Treatment

A complete treatment combining softness and radiance, including nail shaping, cuticle care, exfoliation, massage, and the application of a clear care polish.

60': 65€

Bellezza di i pedi – Foot Beauty Treatment

A relaxing ritual for light, well-groomed feet, including a foot soak, nail shaping, cuticle care, exfoliation, massage, and the application of a clear care polish.

75': 70€

Waxing

Eyebrows or Upper Lip – 20': €15

Underarms – 20': €20

Arms – 30': €20

Half Legs – 25': €25

Full Legs – 35': €35

Osteopathy session

Because your holidays are also the perfect time to take care of yourself, we are pleased to offer the services of a partner osteopath directly at the hotel.

In the comfort and privacy of your suite, or in a dedicated treatment room, enjoy a personalized session to relieve tension, restore lightness, and rebalance your energy.

Whether after a long journey, a sports activity, or simply to treat yourself to a moment of relaxation, our osteopath Baptiste will tailor his approach to your needs.

An exclusive service, available by reservation through the reception.

THE ESTATE SIGNATURE TREATMENT

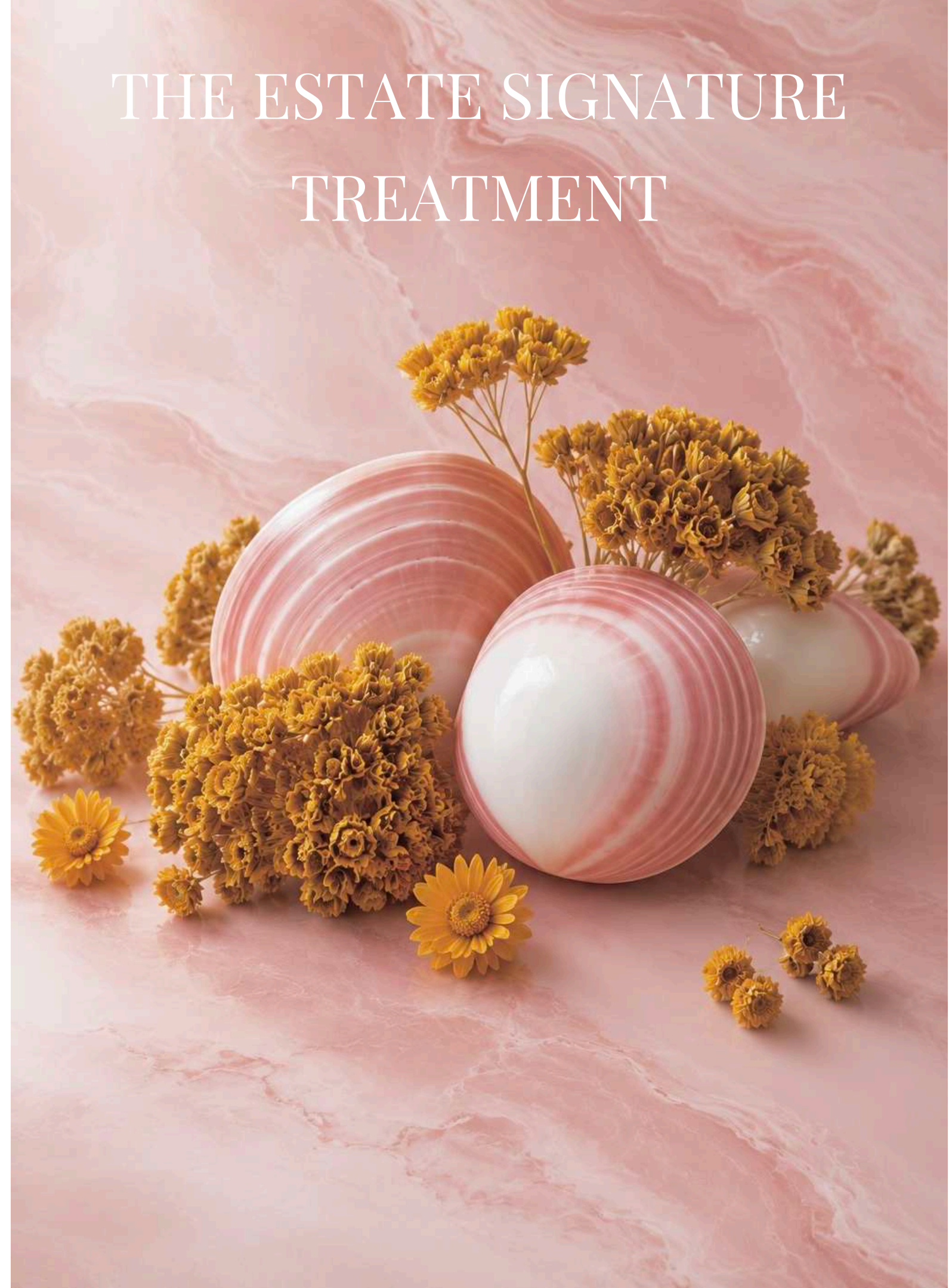
Sole di Mare

Let yourself be transported by the comforting warmth of heated shells, combined with fluid, releasing movements that ease muscular tension, stimulate circulation, and provide a deep sense of relaxation.

This soothing ritual invites both body and mind into complete surrender, offering an intense, immediate, and long-lasting feeling of well-being.

50' : 140 €

80' : 200 €





WELLNESS ACCESSES

WELLNESS ACESS

Treat yourself to a unique wellness experience in a fully private space featuring a hammam, sauna, sensory showers, ice fountain, and a herbal tea area – all designed for complete relaxation.

An access can be purchased for €55.

Duration: 45 minutes.

Children aged 16 and over are welcome when accompanied by an adult.



EXTERNAL GUESTS



Brise & Maquis Package – €200 / for 1 person

- Breakfast by the pool (from 8:00 to 10:30 a.m.)
- Private spa access (45 min)
- Choice of massage or treatment (50 min)
- Pool access until 1:00 p.m.

Mer & Soleil Package – €165 / for 1 person

- Choice of massage or treatment (50 min)
- Pool access (2 hours)

SPA EXPERIENCE

Cancellation Policy

We kindly ask you to inform us at least 24 hours in advance for any appointment changes or cancellations.

Any treatment canceled after this deadline will be charged in full and billed to the credit card provided as a guarantee upon your arrival. Gift vouchers will be considered used.

Treatment Duration

Please arrive 10 minutes before the start of your treatment. The effective treatment time includes the client's welcome and preparation. Late arrivals will result in a reduction of your treatment time to avoid affecting subsequent appointments. The full treatment price remains payable even in case of late arrival. Guests accessing the wet area are requested to bring swimwear.

A Moment of Relaxation

To maintain the silence and harmony of the wellness area, please kindly turn off your mobile phone.



Health Form

During your first visit, you will be given a health questionnaire to better understand your needs and tailor our treatments to your profile.

Our treatments are not available for pregnant women, except for the "Bulle de Maman" treatment, which is offered from the beginning of the 3rd month of pregnancy. As a precaution, access to the hammam and sauna is not recommended during pregnancy.

Gift Vouchers

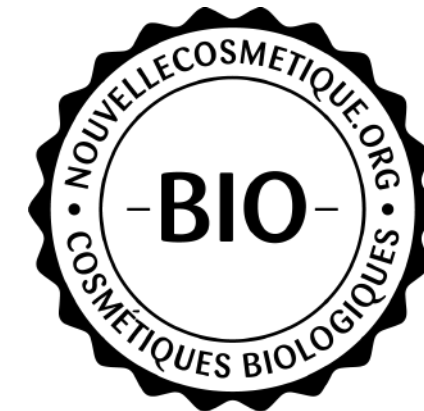
Give a moment of gentle relaxation to your loved ones. Our team is available to help you choose the perfect treatment to offer.

Boutique

Extend your sensory experience at home with our selection of face and body care products by Casanera, an exceptional Corsican brand specializing in aromatherapy and natural cosmetics.

QUALITY Charters

The quality charters adhered to by Casanera guarantee the excellence of our expertise and our commitment to offering a premium product range.



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